



TEAM HAMMER TRACK TUTORIAL

Lesson 1: Creating a User Account and an Athlete Profile

INTRODUCTION

Welcome, Team Hammer parent!

TrackWrestling is a website (there's no app) that lets you register your wrestler to compete in tournaments. It also keeps track of his or her performance in past tournaments. There are other websites that do similar things, such as FloWrestling. However, TrackWrestling is the one that's used by most of the tournaments in our area, so it's a good idea to learn how to use it first.

TrackWrestling has a lot of features, and can be very helpful once you know your way around it. However, at first it can be confusing, so we've created a series of tutorials like this one to help new users like you get started.

This first tutorial will walk you through creating a **User Account** for yourself and an **Athlete Profile** for your wrestler.

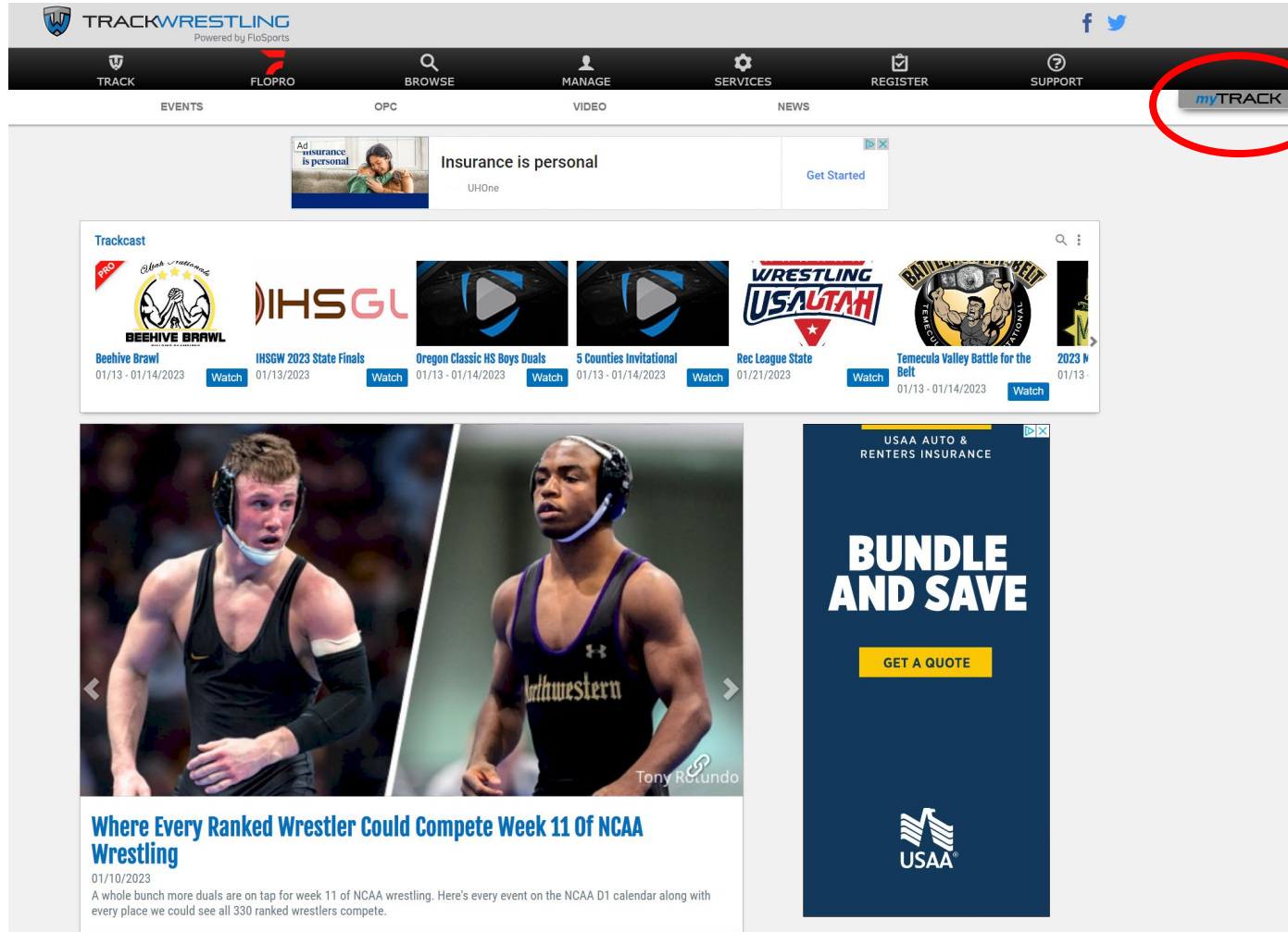


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1. GO TO TRACKWRESTLING.COM

Step 1 is easy: Fire up a browser and go to **trackwrestling.com**. You should see something like this:



See how it says “myTRACK” here?
Click on that to get started!




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2. SIGN UP

You'll go to a Sign In screen. Since you don't have a User Account yet, click on "Sign up" in the upper right corner.

 **TRACKWRESTLING**
Powered by FloSports

Don't have an account? [Sign up](#)

Sign In

Trackwrestling #, Username or FloSports Email:

Password:

Sign In

[Forgot password?](#)




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3. EMAIL & PASSWORD

Enter your email address and choose a password. Then click “Continue.”

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Already have an account? [Sign in](#)

Create Account

Email:

Password:

Continue

Having trouble creating an account?
Contact [Customer Support](#)

4. CREATE ACCOUNT

Enter your name, birthdate, city, and state. Then click
“Create Account.” (I named our sample user Sam Pull.) 😊



Already have an account? [Sign in](#)

Create Account

[< Go back](#)

First name:

Sam

Last name:

Pull

Birth date:

1

/

1

/

1971

City:

Kansas City

State:

Missouri



Create Account

By clicking "Create Account", you are agreeing to
our [Terms of Service](#) and [Privacy Policy](#)

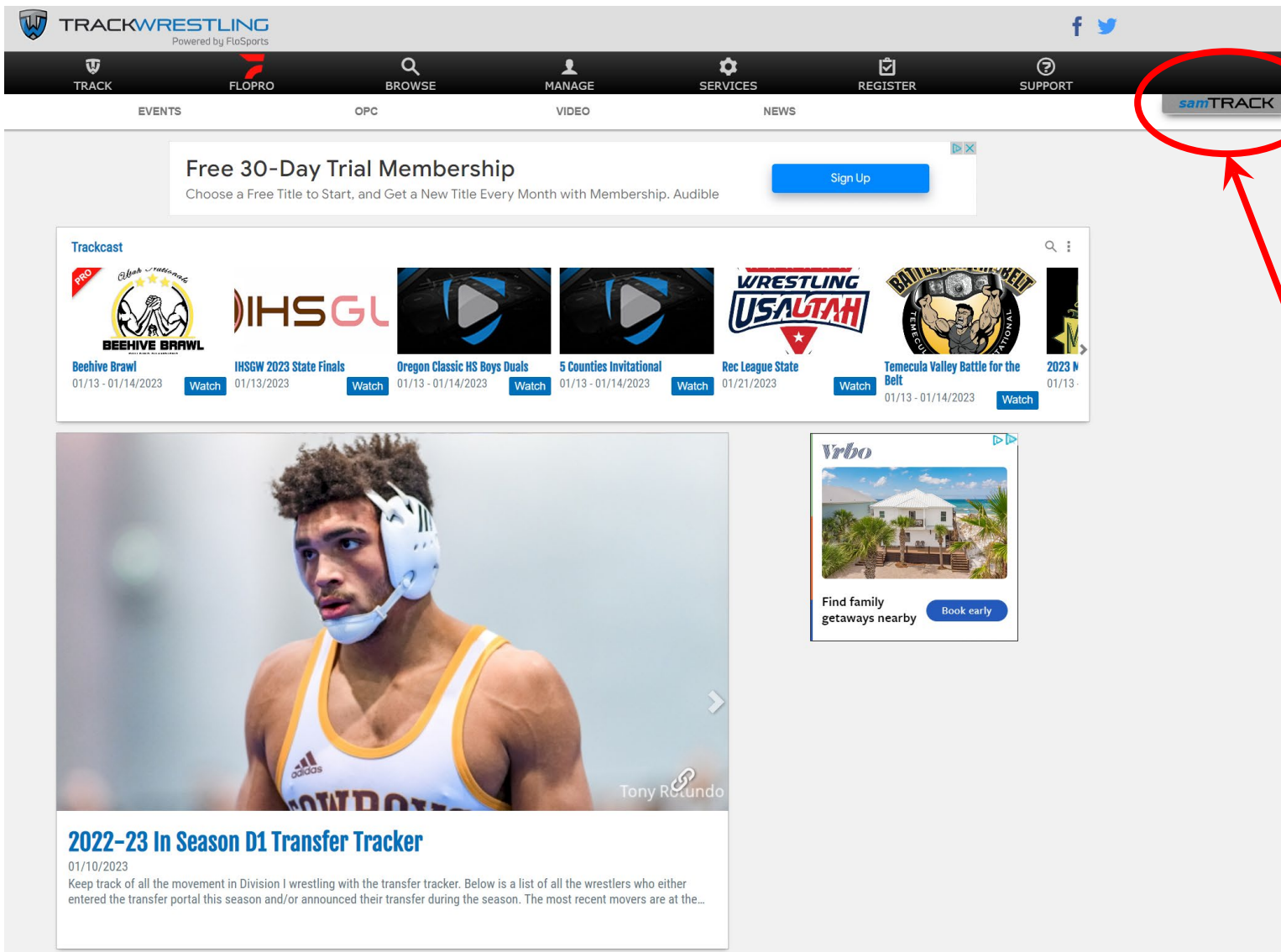
Having trouble creating an account?
Contact [Customer Support](#)



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5. ACCOUNT CREATED!



The screenshot shows the TrackWrestling website interface. At the top, the logo "TRACKWRESTLING" is displayed, followed by "Powered by FloSports". Below this is a navigation bar with icons for TRACK, FLOPRO, BROWSE, MANAGE, SERVICES, REGISTER, and SUPPORT. A red circle highlights the "samTRACK" button in the top right corner, with a red arrow pointing to it from a text box on the right. The main content area features a "Free 30-Day Trial Membership" offer with a "Sign Up" button. Below this is a "Trackcast" section with various wrestling events and videos, including "Beehive Brawl", "IHSGW 2023 State Finals", "Oregon Classic HS Boys Duals", "5 Counties Invitational", "Rec League State", and "Temecula Valley Battle for the Belt". A large image of a wrestler in a white and yellow singlet is shown, with the name "Tony Reundo" visible. Below the image is a section titled "2022-23 In Season D1 Transfer Tracker" with a date of "01/10/2023" and a brief description of the transfer tracker.

If you did all that right, you should now see something like this. Notice how now it says “**samTRACK**” in the upper right corner? That shows we’re logged in as Sam Pull, our sample user. Now we’re going to click on the word “**samTRACK**” to create our username.

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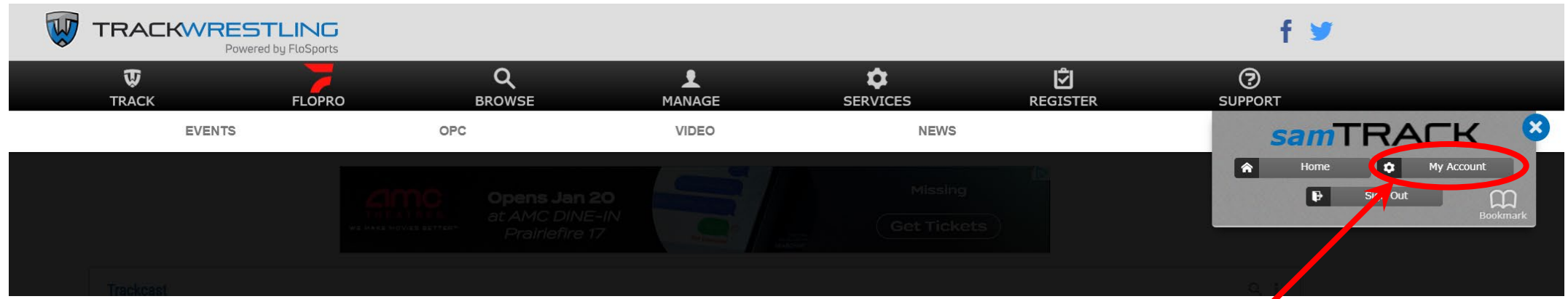
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6. GO TO “MY ACCOUNT”



The “**samTRACK**” word gets big, and some new options appear beneath it. Click on “My Account”



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7. MAKE UP A USERNAME

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TRACK FLOPRO BROWSE MANAGE SERVICES REGISTER SUPPORT

EVENTS OPC VIDEO NEWS

samTRACK

Edit Profile

Profile My Photo Placements Accomplishments Alerts Athletes Statistics Sign Out

Access exclusive features on Trackwrestling with a FloPRO Subscription Upgrade

Name Sam Pull

Date of birth is extremely important to enter correctly. It will be used to place you into the correct division when you attend tournaments. Please make sure it is entered correctly.

Birth Date 12 / 01 / 1970

Team team name

Hometown Kansas City Missouri

Email sampull@gmail.com Update

Username sampull2023

Password Update

Athlete Profile

Manage Flo Account Save Profile

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Make up a username for your account and type it in the "Username" box. (Sam Pull chose "sampull2023".) In the future, you'll use this username and your password to log into your account, so make sure you remember them!

Now click "Save Profile" and you're done.



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8. MAKE AN ATHLETE PROFILE

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TRACK FLOPRO BROWSE **MANAGE** SERVICES REGISTER SUPPORT

EVENTS OPC VIDEO NEWS samTRACK

Free 30-Day Trial Membership
Choose a Free Title to Start, and Get a New Title Every Month with Membership. Audible

Sign Up

Trackcast

Beehive Brawl 01/13 - 01/14/2023 Watch

IHSGL IHSGL 2023 State Finals 01/13/2023 Watch

Oregon Classic HS Boys Duals 01/13 - 01/14/2023 Watch

5 Counties Invitational 01/13 - 01/14/2023 Watch

WRESTLING USAUTAH Rec League State 01/21/2023 Watch

Temecula Valley Battle for the Belt 01/13 - 01/14/2023 Watch

2023 M 01/13 - Watch

2022-23 In Season D1 Transfer Tracker
01/10/2023
Keep track of all the movement in Division I wrestling with the transfer tracker. Below is a list of all the wrestlers who either entered the transfer portal this season and/or announced their transfer during the season. The most recent movers are at the...

Now let's make an Athlete Profile for our wrestler. Back at the main screen, click on "MANAGE" in the middle of the top menu bar. This will take us to a screen where we can manage various things, including profiles.




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9. CLICK “PROFILES”


You should see a lot of new options under the MANAGE heading. Click on the word “Profiles.”





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TRACK


FLOPRO


BROWSE

MANAGE

SERVICES

REGISTER

SUPPORT

MANAGE

Tournaments
Season Teams
Pre-Registrations

Profiles

Club Teams

Rankings

Functions

Financial Accounts
Organizations
Portals
Themes

EVENTS

OPC

VIDEO

NEWS

Free 30-Day Trial Membership

Choose a Free Title to Start, and Get a New Title Every Month with Membership. Audible

Sign Up



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10. CLICK “CREATE PROFILE”

New options pop up. Click on “Create Profile.” and you’ll go to a page asking for a lot of information about your wrestler, which we’ll see on the next slide.

The screenshot shows the TRACKWRESTLING website interface. The top navigation bar includes links for TRACK, FLOPRO, BROWSE, MANAGE, SERVICES, REGISTER, and SUPPORT. The MANAGE menu is open, displaying options: 'Why create a profile?', 'Create Profile' (circled in red), 'Profile Login', 'Search Profiles', and 'Athlete Rankings'. The left sidebar shows 'Managed Profiles' with the text 'You have no recent profiles' and a 'Search Profiles' link. The bottom of the page features a footer with links for EVENTS, OPC, VIDEO, and NEWS, along with a promotional banner stating 'Our plans come with no annual contract.'



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II. CREATE THE PROFILE!

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TRACK FLOPRO BROWSE MANAGE SERVICES REGISTER SUPPORT

EVENTS OPC VIDEO NEWS

Athlete Profile Sign in
Sign In FloPRO Benefits Account Benefits Profiles Rankings

Create an athlete profile

Pushen Pull
First name Last name

04/15/2015
Birth date

Team Hammer Wrestling Academy
Team

Blue Springs Missouri
Hometown State

USA USAW #
AAU #
NUWAY #

60 2nd
Weight Grade

Already have an athlete profile?
[Sign in here](#)

Create Account

TRACKWRESTLING PARTNERS
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Your wrestler's name. (Sam Pull's son is named Pushen.) 😊

Your wrestler's birthdate. This is IMPORTANT because it determines your wrestler's age group for tournaments.

For team, put "Team Hammer Wrestling Academy" – if you don't use the full name, your wrestler may not be counted on our team for tournaments!

The city and state you live in. Important for some state-based tournaments.

If your wrestler has a USAW number, type it here. If not, you can add it in later.

You don't need an AAU or NUWAY number for most tournaments we do, so you can ignore these for now.

Estimate your wrestler's weight; you can change it whenever you need to. Enter his current or last completed grade of school.


Click "Create Account" and you're done on a bun!





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12. SAVE THE PROFILE

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TRACK

FLOPRO

BROWSE

MANAGE

SERVICES

REGISTER

SUPPORT

EVENTS

OPC

VIDEO

NEWS

samTRACK

Edit Profile

Profile

My Photo

Placements


Accomplishments

Alerts

Athletes

Statistics

Sign Out

 Access exclusive features on Trackwrestling with a FloPRO Subscription

Upgrade

Name

Pushen

Pull

Date of birth is extremely important to enter correctly. It will be used to place you into the correct division when you attend tournaments. Please make sure it is entered correctly.

Birth Date

04 / 15 / 2015

Team

Team Hammer Wrestling Academy

Hometown

Blue Springs

Missouri


Email

sampull@gmail.com

Username

username

Password

Athlete Profile 

Save Profile

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DEFENSE

SOAP

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Now you should see this screen. You don't need to mess with anything here right now. Just click "Save Profile" to save all your hard work.






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13. THE PROFILE IS NOW SAVED


- If you click on “MANAGE” in the middle of the top menu bar again, you’ll see that Pushen Pull’s profile is now listed as one of Sam Pull’s Managed Profiles. (In fact, it’s his only Managed Profile.)
- If Sam had another child wrestling, he could create another Athlete Profile, and then that child’s name would appear here along with Pushen’s.
- If you click on Pushen Pull’s name, you’ll go back to the screen we saw in Step 12, where you can make and save changes to his profile information.


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 TRACK


 FLOPRO


 BROWSE

 **MANAGE**

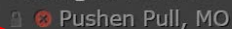
 SERVICES

 REGISTER

 SUPPORT

 **MANAGE** **PROFILES**

Managed Profiles

 Pushen Pull, MO

[Search Profiles](#)


Why create a profile?

[Create Profile](#)

[Profile Login](#)

[Search Profiles](#)

[Athlete Rankings](#)

 Upgrade to FloPRO and get 5 more slots for recent items along with other FloPRO Benefits.

EVENTS

OPC

VIDEO

NEWS



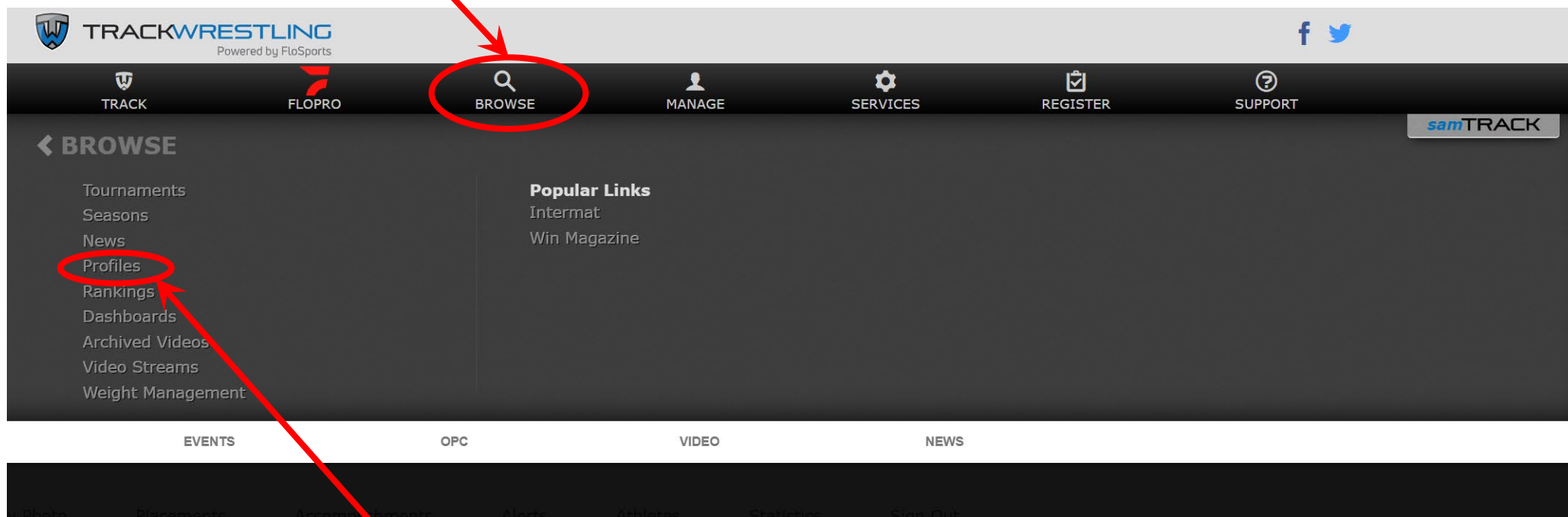
14. BROWSE PROFILES



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Let's go see the Athlete Profile we created for Pushen Pull. Click "BROWSE" in the top menu bar.



Next, when the BROWSE menu items appear, click "Profiles."



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15. SEARCH FOR YOUR PROFILE

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TRACK FLOPRO BROWSE MANAGE SERVICES REGISTER SUPPORT

← BROWSE > PROFILES

Browsed Profiles
You have no recent profiles
[Search Profiles](#)

Elite Athletes
Haley Ward, MO
Ava Ward, MO
Cayden Mango, MO
Billy Roberts, MO
Angelina Vargas, MO
[More Athletes](#)

Popular Athletes
Gunnar Ballard, MO
BrocLee Butman, MO
Cooper Collins, MO
Maddie Kubicki, MO
Curtis Borge, MO
[Search Profiles](#)

Upgrade to FloPRO and get 5 more slots for recent items along with other FloPRO Benefits.

EVENTS OPC VIDEO NEWS

Photo Placements Accomplishments Alerts Athletes Statistics Sign Out


A list of the most recent profiles you've browsed will appear here. (Sam hasn't browsed any profiles yet, so it says "You have no recent profiles".) We're going to click on "Search Profiles" to find Pushen Pull's profile.












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16. KEEP ON SEARCHING

 **TRACKWRESTLING**
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 TRACK  FLOPRO  BROWSE  MANAGE  SERVICES  REGISTER  SUPPORT


EVENTS OPC VIDEO NEWS 

Trackwrestling Profiles

Sign In FloPRO Benefits Account Benefits Profiles Rankings

You must search for something.

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The screen says “You must search for something.”
Click the gray “Search” button.



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17. FILL OUT THE SEARCH BOX

The screenshot shows the Trackwrestling website interface. The top navigation bar includes links for TRACK, FLOPRO, BROWSE, MANAGE, SERVICES, REGISTER, and SUPPORT. Below this, there are tabs for EVENTS, OPC, VIDEO, and NEWS. The main content area displays a search box with the text "You must search for something". A modal form titled "Search" is open, showing fields for Trackwrestling #, Name, Team, and Hometown. The Name field is split into two parts: "Pushen" and "Pul". A red circle highlights the "Search" button at the bottom of the modal. A yellow callout box explains the search process, and a red arrow points to the "Search" button.

TRACKWRESTLING
Powered by FloSports

TRACK FLOPRO BROWSE MANAGE SERVICES REGISTER SUPPORT

EVENTS OPC VIDEO NEWS

Profiles
FloPRO Benefits Account Benefits Profiles Rankings

Search

You must search for something

TRACKWRESTLING PARTN
DEFENSE
SOAP

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Search

Trackwrestling #

Name Pushen Pul

Team

Hometown

Search

The screen gets all dark and a Search box pops up. Type in your wrestler's first and last name in the "Name" fields. You don't need to worry about the other fields.

Now click the "Search" button




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18. CLICK THE WRESTLER NAME

There's your wrestler's name! Click on it.

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[f](#) [t](#)

[TRACK](#) [FLOPRO](#) [BROWSE](#) [MANAGE](#) [SERVICES](#) [REGISTER](#) [SUPPORT](#)

[EVENTS](#) [OPC](#) [VIDEO](#) [NEWS](#) [samTRACK](#)

Trackwrestling Profiles

[Sign In](#) [FloPRO Benefits](#) [Account Benefits](#) [Profiles](#) [Rankings](#)

TW #

1555281135

Name

[Pushen Pull](#)

Team


Team Hammer Wrestling Academy

Hometown

Blue Springs

Search

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There may be other wrestlers with the same name as your wrestler. You can tell which one is yours by looking at other information like their TrackWrestling number (TW #), Team, and Hometown.



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19. LOOK AT THE NEW PROFILE!

Search

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sam

EVENTSOPCVIDEONEWS

LAST UPDATE: 01/11/2023

VIEWS: 1

NO PHOTO AVAILABLE

Pushen Pull

Blue Springs, MO

Weight: 60

Record: 0 - 0

Pins: 0

Techs: 0

Majors: 0

Rank Value: 0.0

Rank Date: 01/11/2023

Stats since 01/11/2022

SCRATCH-OFF SAVINGS

COMPARE RATES AND SAVE!

PROGRESSIVE DIRECT

Track Record

Date	Tournament	Weight Class	Place	Results
This wrestler is currently not associated with any placements.				

Significant Wins

Date	Tournament	Match	Results
This wrestler has not had any wins over highly ranked opponents in the past year.			

Rankings

Date	Ranking	Rank	Percent
This wrestler is not associated with any rankings.			

You have so much nothing to do

Book Now

Accomplishments

Date	Accomplishment
This wrestler has not listed any other accomplishments.	

Deleted Results

Date	Tournament	Place	Results
This wrestler is does not have any deleted placements.			

Learn more

Elite Athletes

1. Martez 'Phenom' Sheard, W

2. Drake Morrison, ID

3. Beckett Moyer, IA

4. Kaiden Galindez, MI

5. Annabel Choo, TX

View More

Elite Clubs

1. Bear Cave, CO

2. Kalispell Wrestling Club,

3. Duran Elite, CO

4. Team Tulsa Wrestling Club

5. Sebolt Wrestling Academy,

View More

TRACKCAST

THIS CHANGES EVERYTHING

After all that, you've finally arrived at your wrestler's brand-new TrackWrestling profile page. Congratulations!

Over time, you will see his or her tournament results in the "Track Record" section.

CONCLUSION



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Congratulations! If you've followed the steps in this tutorial, you now have your very own TrackWrestling User Account, with an Athlete Profile for your wrestler as one of your Managed Profiles. (If you have more than one child who wrestles, just repeat the appropriate steps to create a profile for each additional child.) You have now entered the world of TrackWrestling.

However, your journey is only just beginning. In the next tutorial, we'll look at how to find tournaments on TrackWrestling and enter your wrestler in them!

Please send any questions to tokyojustin@gmail.com